

Substance Influence Prevention

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Introduction to Drug Specifications Part One:

Alcohol: Alcohol is a liquid based chemical identified by the National Institute on Alcohol Abuse and Alcoholism. Commonly known as; booze, beer, wine, or hard liquor. Alcohol is a depressant drug. It can cause suicidal thoughts. It can amplify depression, brings out aggression in some, and with intoxication or repeated use can impair liver, kidney or brain function that can result in death.



(Cannabis): Marijuana originated from the hemp plant. hemp-based drug. It is commonly known as; dope, WEED, joints, pot, and skunk. It is classified as Cannabis and can be consumed by inhalation or oral ingestion. It can impair judgement and coordination. It can cause hallucinations, memory loss, drowsiness, death, an increase or decrease in appetite, and increased heart rate. In some studies, it has been associated with a decrease in IQ over time.

Introduction to Drugs Specifications Part Two:

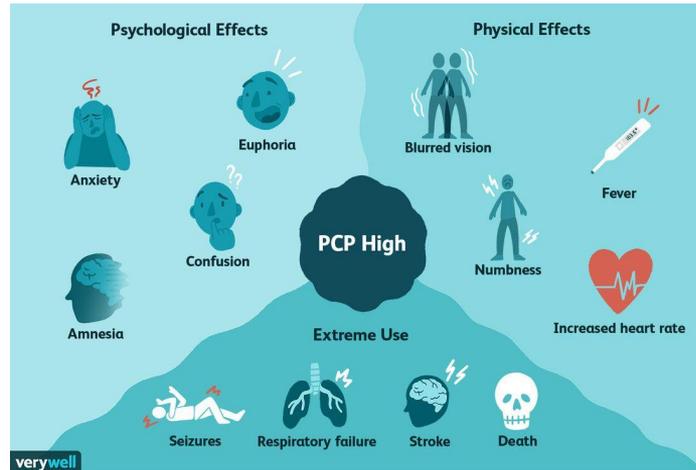
Cocaine: Cocaine is a stimulant drug that can be blown/inhaled, or snorted by the nose. Cocaine is a white crystal powder that can be mistaken for sugar. Cocaine can cause anxiety, a state of hyper-alertness, insomnia, and violent behavior. It can cause a lethal heart attack. Other terms for this drug include: hydrochloride, tropical solution, or dope.



Heroin: Heroin is an opioid made from morphine. It can be seen as a black/brown powder or as a sticky substance. It can be injected, inhaled, or snorted in the nostril. It's commonly known as; skag, horse, brown sugar, and smack. It's side effects are; nausea, vomiting, slowed breathing, slow heart rate, collapsed veins, and heart infection. An overdose results in respiratory depression and possibly death.

Introduction to Drugs Specifications Part Three:

LSD: LSD or Lysergic Acid is a hallucinogen drug made from the fungus “ergot” and can be consumed by; swallowing. It’s commonly known as; Acid, golden dragon, looney tunes, and lucy mae. LSD can cause rapid mood swings, irrational thinking, hallucinations, dizziness, and tremors.



PCP: PCP is a dissociative drug that was used as an anesthetic. It was discontinued by health care professionals due to its adverse effects. It is commonly known as; angel dust, hog, and rocket fuel. PCP can cause severe anxiety, delusions, hallucinations, and paranoia.

How to say no

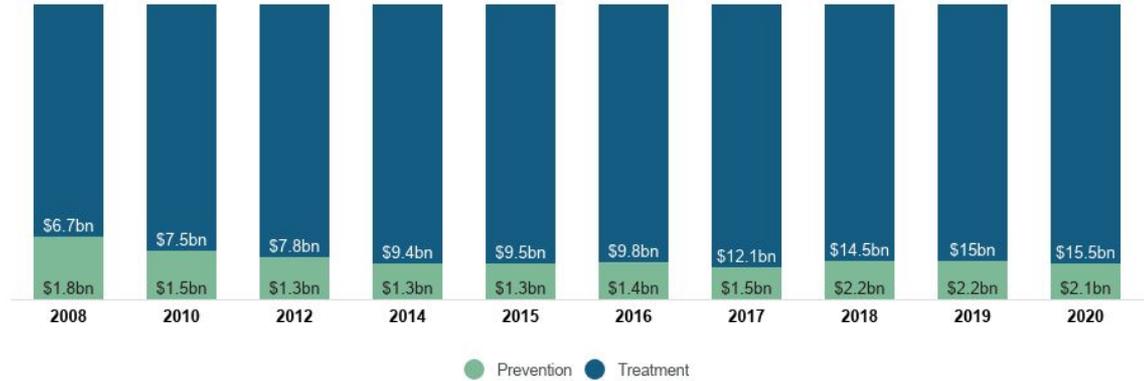
Warning Signs:

- Someone says its cool!
- Peer pressure. “Everyone else is using it!”
- Never drink from an open container or a punch bowl at a party.
- Never swallow someone else’s “medicine.”



Drug statistics

Federal Drug Control spending on treatment and prevention in the United States from 2008 to 2020



MASSACHUSETTS STATISTICS:

2,210 Overdose (OD) deaths/year

3.74% of all deaths in our state are from drug overdose (OD).

OD deaths decrease at an annual rate of 0.85% over the last 3 years.

The OD death rate is 32.1 deaths out of every 100,000 residents.

This is 55.07% higher than the national average OD death rate.

3.14% of nationwide OD deaths occur in Massachusetts.

Anti drug video



What are some withdrawal symptoms and signs of addiction?

- Hot and cold flashes
- Body aches
- Sweating
- Paranoia
- Intense drug craving

- Mental breakdowns
- Mood swings
- Loss of interest in everyday activities



What can you do to help somebody with drug issues?

- Telling a trusted adult
- Suggest they go to rehabilitation
- Realize change isn't made overnight
- Encourage them to explore new interests
- Educate them on health risks

